

Integrative Chinese Medicine: Quality of Clinical Evidence Is the Key

9.15-14:00, Wednesday 15th April 2026, Guy's Campus

9.15-9.45, Pre-Meeting Site Visit

- Visit Mandy's Clinic at the Dimpleby Cancer Care, Guy's NHS Cancer Centre, Great Maze Pond, London SE1 3SS: <https://www.kingscicm.org/?p=2416>
- The NHS managers request that no more than 10 visitors can be hosted.
- To secure your place, please email Mandy; first come first served: mandy.brass@nhs.net

10.00-14.00, King's CICM Research Meeting

- Greenwood Classroom, 55 Weston Street, London, SE1 3RA:
<https://www.kcl.ac.uk/greenwood>

Draft Meeting Agenda

10.00-11.30. Session 1. High-quality clinical studies underpin integrative medicine.

- 10.00-10.15. [Ms Mandy Brass](#), Acupuncture Service at Guy's Cancer Centre
- 10.15-10.40. [Dr Tiejun Tang](#), Traditional Chinese Medicine in Cancer Management: Potential Role and Mechanisms
- 10.40-11.05. [Dr Qihe Xu](#), International Standards and Good Practice Guidelines: Essential Instruments for Advancing Integrative Medicine
- 11.05-11.30. [Prof Yanzhong Wang](#), Target trial emulation

11.30-11.40. tea break

11.40-12.50. Session 2. Shining a light on acupuncture in integrative medicine.

11.40-11.55. [Ms Titta M. Laattala](#), My Work at the King's College Health Centre

- 11.55-12.10. Mr Safin Hossain. A Scoping Review of the Traditional, Complementary and Integrative Medicine Content on the NICE Website
- 12.10-12.25. Dr Jun Xu. Pulse-based acupuncture.
- 12.25-12.50. [Dr Tianjun Wang](#), Acupuncture and Stroke Rehabilitation

12.50-13.10 Working lunch

13.10-14.00 Panel Discussion:

- **Chair:** [Dr Min Zhang](#), King's CICM Assistant Director; **Co-Chair:** To be appointed.
- **Panellists:** All speakers, guest attendees [Dr Yonggang Han](#) and [Dr Xiaojun She](#), and other attending Senior Faculty Members and Honorary Advisors
- **Topic:** NICE recommends acupuncture for migraine but not for stroke rehabilitation, nor for any herbal medicine. What can we learn from the scientific evidence on acupuncture for migraine¹⁻⁵?

References

1. Zhao L, et al. The long-term effect of acupuncture for migraine prophylaxis: a randomized clinical trial. *JAMA Intern Med.* 2017;177:508-515.
2. Xu S, et al. Manual acupuncture versus sham acupuncture and usual care for prophylaxis of episodic migraine without aura: multicentre, randomised clinical trial. *BMJ.* 2020;368:m697.
3. Lu T, et al. Acupuncture improves migraine and quality of life in patients with migraine: a systematic review with meta-analysis. *Syst Rev.* 2025;14:220
4. Cui S, et al. Acupuncture recommendations for migraine in headache treatment guidelines: a systematic review. *Bull World Health Organ.* 2025;103:685-695B.
5. Zhang X, et al. Acupuncture for migraine without aura and connection-based efficacy prediction: a randomized clinical trial. *JAMA Netw Open.* 2026;9:e2555454.